



RANDOLPH-ASHEBORO YMCA NEWS & EVENTS - APRIL 2019

SUMMER CAMP REGISTRATION



NOW thru April 14 pay no registration fee (savings of \$30) & get \$5off per child
April 15-30 pay no registration fee - savings of \$30!
***Y-MEMBERS SAVE \$25 EACH WEEK**

MEMBER-GET-A-MEMBER

April Member Referral Program

IT'S BETTER TOGETHER



Get a YMCA Cooling Towel when you refer a new member. Referral card must be filled out and turned in at time of joining.

WHAT'S HOT



CYCLE CHALLENGE



DANCE PARTY!



TBALL/CBALL REGISTRATIONS

CHALLENGE: Spring means new life and a fresh start. Kick your health in gear and explore more outdoors. Do you normally use the treadmill or elliptical for cardio? Make a change and use the 1/2 mile walking/running path here at the Y. You can also recharge outdoors. Try starting a garden, enjoy a leisurely walk with family, or relax and watch the sunset. Whatever you do, take time for yourself and bloom into wellness this spring.

CLOSINGS: *See website facility page for any updates*

Gymnasium: Fridays(6-Close) & Saturdays(4-Close) thru 4/19
*Adult Soccer
Tue 4/9 & Thur 4/11 (5-7:30pm)
*for Volleyball Pictures & Games

APRIL EVENTS/REGISTRATIONS:

- Summer Camp Registration – discounts now thru 4/30
- TBall/CBall Registration - 4/1 - 5/13
- Midnight Basketball Registration - 4/29 - 6/10
- 3 - Adult Painting Class with Nina Lathe 9a-12p
- 11 - The Adequates Quartet performs 10:30a
- 19 - Good Friday Prayer Breakfast at 8:15a and 9:15a
- 22 - 26 Child Abuse Prevention Awareness Week
- 22 - SilverSneakers Open House
- 25-28 - Lifeguard Certification Classes

SUN, APRIL 21ST - CLOSED FOR EASTER

A United Way Community Partner

For more information on events—www.randolphasheboroymca.com or (336) 625-1976

“I wait for the Lord, my soul waits, and in His word, I hope.” - Psalm 130:5