

CLUB Y.M.C.A. FOR KIDS



Monday

4:15-4:30 Drop off -Community Room 4:30-6:00 Mind & Body Studio-Fitness Games 6:00-6:30 Teen Center

Tuesday

4:15-4:30 Drop off-Community Room 4:30-5:15 Mind &Body Studio Kids Dance w/ Felix 5:15-6:00 Racquetball Court - Games 6:00-6:30 Teen Center

Wednesday

4:15-4:30 Drop off -Community Room 4:30-5:15 Mind & Body Studio Yoga/Music 5:15-6:00 Gymnasium/Playground 6:00-6:30 Teen Center

Thursday

4:15-4:30 Drop off-Community Room 4:30-5:15 Cycle Studio-Kids Cycle 5:15-6:00 Racquetball Court - Games 6:00-6:30 Teen Center

FREE/On-Site Members*

*Fee will be charged for Members off-site

Monday-Thursday

4:15pm-6:30pm

* October 2018*

PARENTS

Please Sign In Kids with Instructor
Upon Arrival

Check the dry erase board in front of the Community Room for specific location daily

Please bring water and wear tennis shoes Pick up after 6:00pm is in the Teen Center

FAMILY SPECIAL EVENTS

Tuesday, October 30 4:00pm Wear your costume for Trick or Treating at the Y!



