



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CLUB Y.M.C.A. FOR KIDS



Monday

4:15-4:30 Drop off –Community Room
4:30-5:15 Yoga-Mind & Body Studio
5:15-6:00 Circuit Training- Mind & Body Studio
6:00-6:30 Teen Center

Tuesday

4:15-4:30 Drop off–Community Room
4:30-5:15 Kids Dance w/ Felix–Gymnasium
5:15- 6:00 Team Building Games–Racquetball Ct.
6:00-6:30 Teen Center

Wednesday

4:15-4:30 Drop off –Community Room
4:30-5:15 Yoga Mind & Body Studio
5:15-6:00 Circuit Training- Mind & Body Studio
6:00-6:30 Teen Center

Thursday

4:15-4:30 Drop off–Community Room
4:30-5:15 Kids Cycle–Cycle Studio
5:15- 6:00 Team Building Games–Racquetball Ct.
6:00-6:30 Teen Center

FREE/On-Site Members*

*Fee will be charged for Members off-site

Monday–Thursday

4:15pm–6:30pm

Kindergarten – Age 12

*** September 2018***

Closed for Labor Day Monday, September 3

PARENTS

Please Sign In Kids with Instructor Upon Arrival

Check the dry erase board in front of the
Community Room for specific location daily

Please bring water and wear tennis shoes

Pick up after 6:00pm is in the Teen Center

FAMILY SPECIAL EVENTS

Saturday, September 29

**10am-2pm Children's Good News Spectacular at the Y
5pm-10pm YMCA YOGATHON at Bicentennial Park**

(See flyers for details)

