



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CLUB Y.M.C.A.

FOR KIDS



Young Planters Club

Kids will learn ways to recycle, reduce, and reuse. The importance of nature and what it can provide through intriguing activities.

Mass Movement Club

Kids will learn new dances and ways to escape from their bubble, followed by team building activities that include an array of sports and games.

Crazy Cardio Club

While improving cardiorespiratory, muscle and strength endurance kids will learn how to perform safe and effective fitness exercises, thus improving their physical ability in duration and intensity.

Atman Club

Focusing on individual flexibility using dynamic and static stretches, kids will explore the art of yoga. Kids will also become aware of social responsibility by introducing and providing activities to build their character using the 6 pillars: respect, trustworthiness, responsibility, and citizenship.

FREE/On-Site Members*

**Fee will be charged for Members off-site*

Monday–Thursday

*** Revised Summer Hours***

4:30pm–7:00pm Mondays

4:30–6:30 Tuesdays–Thursdays

Kindergarten – Age 12

*** August 2018***

Calendar on back →



Club Y.M.C.A for Kids

August

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 4:30-5:15 Kids Dance 5:15-6:30-Kid Pick	2 4:30-5:15 Kids Yoga/Tumbling 5:15-6:30 Shelter	3 SPLASH PAD MOVIE NIGHT <i>PRINCESS AND THE FROG</i>	4
5	6 4:30-5 Kids Cycle 5-6 Garden 6-7 Swimming	7 4:30-5:30 Splash Pad 5:15- 6:30 Game Night	8 4:30-5:15 Kids Dance 5:15-6:30-Kid Pick	9 4:30-5:15 Kids Yoga/Tumbling 5:15-6:30 Shelter	10	11
12	13 4:30-5 Kids Cycle 5-6 Gym 6-7 Swimming	14 4:30-5:30 Splash Pad 5:15- 6:30 Teen Center	15 4:30-5:15 Kids Dance 5:15-6:30-Kid Pick	16 4:30-5:15 Kids Yoga/Tumbling 5:15-6:30 Shelter	17	18
19	20 4:30-5 Kids Cycle 5-6 Gym 6-7 Swimming	21 4:30-5:30 Splash Pad 5:15- 6:30 Game Night	22 4:30-5:15 Kids Dance 5:15-6:30-Kid Pick	23 4:30-5:15 Kids Yoga/Tumbling 5:15-6:30 Shelter	24	25 Pool Closed For Maintenance Aug. 25-Sept. 4
26	27 4:30-5 Kids Cycle 5-6 Gym 6-7 Teen Center	28 4:30-5:30 Play Ground 5:15- 6:30 Teen Center	29 4:30-5:15 Kids Dance 5:15-6:30-Kid Pick	30 4:30-5:15 Kids Yoga/Tumbling 5:15-6:30 Shelter	31	

- Check the dry erase board in front of the Community Center for our specific location daily. Activities may change according to class size, weather, and availability of facilities.
- Mondays and Tuesdays: **Swim/ Splash Pad**; kids will need bathing suits, sunscreen and towels.
- Wednesdays: **Kid's Dance** will take place in the Mind & Body Studio.
- Thursdays: **Kid's Yoga/Tumbling** will take place in the Yoga Room.
- If you are running late after Club YMCA hours, your child will be taken into the Teen Center for pick up.
- Please bring water, and wear tennis shoes.