

putting the



in community

**\* SATURDAY, NOVEMBER 10 \***

Join us for a **FREE DAY** of activities for the whole family & help us give back to the community!

Please visit [www.randolphasheboroymca.com](http://www.randolphasheboroymca.com) for a complete schedule of activities.



**HONORING OUR VETERANS'**

\*Free Toy Soldiers to take home

\*Place a dot on our world map where you or a loved one have served in duty

\*Write a thank you card to send to NC State Veterans Home in Salisbury

**NO JOINING FEE**

when you bring

**5 CANNED FOOD ITEMS**

**November 9-11**

non-perishable food donations  
benefit Our Daily Bread Soup Kitchen

- **YMCA Open to the Community (8am-4pm)**  
Fitness, Group Exercise Classes, Swimming, Senior/Teen Center, Nursery, Racquetball, & more!
- **Canned Food Drive (November 9-11)**  
To benefit Our Daily Bread Soup Kitchen  
\*Bring 5 canned food items and we'll waive your joining fee to join the Y! Save \$50-\$100!
- **Holiday Craft Fair (8am-3pm)**  
Indoor Fair with over 90 vendors spaces!
- **Group Fitness Classes (8am-4pm)**  
Try out any of our Group Fitness Classes, including Les Mills Virtual, our Yoga Wall, & Visual Scenery Cycle!
- **FREE Chair & Table Massages (9am-1pm)**  
Thank you to Kidd Massage Therapy!
- **Community Expo (9am-12pm)**  
Community Businesses, Organizations, vendors, & more!
- **Born Again Gospel Singers(1:30pm-2:30pm)**
- **Food Trucks, Membership Specials, Door Prizes, Music & More!**

**RANDOLPH-ASHEBORO YMCA**

343 NC Hwy 42 N Asheboro, NC 27203 \* 336.625.1976 \* [RandolphAsheboroYMCA.com](http://RandolphAsheboroYMCA.com)