

**RANDOLPH-ASHEBORO YMCA**

# **NURSERY INFORMATION**



**FOR YOUTH DEVELOPMENT®**  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



Let the YMCA Nursery Staff provide quality care for your children while you use our YMCA facility. Our nursery provides care during prime exercise times for children ages 6 weeks to 6 years old. Using the nursery at the YMCA means you can check on your child at any time and don't have to worry about finding a sitter while you work out. *There is a four-hour time limit per day for this service.* Nursery rules are available from our nursery staff.

**AGES:** 6 weeks – 6 years old

**WHAT TO BRING:** Diapers, wipes, snack, and drink cup

**COST:** Members using the facility = **FREE!!**

Members leaving the facility = \$5/hour first child;  
\$3/hour each additional child

Late Pick-Up Fee = \$1/minute per child  
(Each minute after posted closing times)

**NURSERY HOURS\*:**

	<u>Mornings</u>	<u>Afternoons</u>
Monday-Thursday	8:00am – 1:15pm	4:00pm – 8:30pm
Friday	8:00am – 1:15pm	4:00pm – 7:30pm
Saturday	8:00am – 12:00pm	---
Sunday	---	---

Closing times may vary due to lack of attendance\*

**GUESTS** are considered non-members.

There is a \$3/hour charge for this service for guests.  
Non-Members are not allowed to leave YMCA facility.



Effective: 5/5/2019

## **General Nursery Guidelines**

Register your child by filling out the required information card

Daily sign in/out sheet completed by the parent/legal guardian. Proper ID is needed for pick-up of someone other than parent. Notify nursery staff prior to pick-up.

Children in diapers should arrive in a clean diaper. Parents are required to clean child if a bathroom accident happens.

Label all necessary items for child. No personal toys allowed.

Due to allergies, we no longer allow peanut butter or nuts and eggs to be brought in. Grapes should not be left whole, to prevent choking.

Nursery workers are not allowed to spoon-feed children. Must be able to eat independently (with exception of bottle feeding).

If your child is sick and has fever, allow a full 24 hours before bringing them back to the nursery.

Children who are contagious will not be allowed to stay in nursery. If your child becomes ill while here, you will be asked to come sign your child out. Examples are but not limited to: temp of 100 or higher, diarrhea, vomiting, and rash not heat related.

Maximum time limit a child can stay in nursery is 4 hours a day

If you leave the facility while we have your child, notify staff and pay the offsite fee for the hours you have been gone.

A 10 minute time adjustment if your child is upset and not adjusting to the nursery room. We are not able to provide a 1:1 ratio for children. If your child is new to this environment we ask that you limit the time that you sign in your child with us (max of 20 minutes) to allow them to adjust and your workouts will be a success.

## **Nursery Discipline**

Examples of aggressive behavior included but are not limited to the following: hitting other children and staff, kicking, biting, and pushing.

1<sup>st</sup> occurrence: 3 warnings followed by 3 or more timeouts=discipline form filled out and given to parent

2<sup>nd</sup> occurrence: time out, discipline form filled out and parent asked to sign child out. The child is removed from the nursery for 5 days.

3<sup>rd</sup> occurrence: parent notified, discipline form filled out, child signed out and removed for 30 days.

If behavior continues after the 30 day removal, the child will permanently be removed from the nursery program.