



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

RANDOLPH-ASHEBORO YMCA

Facility changes in response to Executive Order 163

Facility Information – Open To MEMBERS ONLY

- Monday – Friday: 5:00 AM to 8:00 PM
- Facility CLOSED for cleaning Monday - Friday from 2:00 PM to 3:00 PM
- Saturday: 8:00 AM to 3:00 PM
- Sunday: Closed
- Temperature checks done upon entering facility
- Masks to be worn in common areas, not necessary for when exercising
- Senior/Teen Center remains closed

Fitness Center Information

- No medical notes or reservations needed
- Machines are marked for social distancing purposes
- Group exercise, Cycle, Yoga and BeastMode class schedules available on our website.
Limited space available due to occupancy
- Clean equipment before and after each use

Pool Information

- Whirlpool, Sauna and Steam Room remain closed at this time
- Adult Lap Swim, Water Walking, Water Fitness and Family Swim time schedules available on our website

Basketball/Pickleball/Racquetball Information

- Monday – Friday courts will be available 12:00 PM to 8:00 PM (From 12:00 PM to 5:00 PM Court 1 Only). Saturday courts will be available 8:00 AM to 3:00 PM
- Bring your own basketball, we will not loan out any basketballs at this time
- NO games, shooting only
- Pickleball will be played Monday – Friday from 8:00 AM to 12:00 PM on Court 1
- Racquetball Courts will be open. Please bring your own equipment

Nursery Information

- Monday – Friday nursery will be available 4:00 PM to 7:30 PM
- Limited space available due to occupancy

www.randolphasheboroymca.com

***Subject to change as restrictions and guidelines involving COVID-19 continue to change* (Effective 9/8/2020)**