



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## RANDOLPH-ASHEBORO YMCA POOL SCHEDULE

### Monday – Friday

Member Adult Lap Swim	6:15 AM to 1:30 PM
Member Adult Water Walking	7:30 AM to 9:00 AM
Y Academy Swim	2:30 PM to 4:30 PM
Member Adult Lap Swim	3:00 PM to 7:00 PM
Member Adult Water Walking	4:45 PM to 6:00 PM

### Additional Member Adult Water Walking Times:

Monday - Thursday	11:00 AM to 11:45 AM
Friday	10:00 AM to 11:45 AM

### Saturday

Member Adult Lap Swim	8:00 AM to 2:30 PM
Member Family Swim	11:00 AM to 2:30 PM

**\*Lanes 1-2 will be used by the Y Academy from 2:30 PM to 4:30 PM\***

**Closed from 2:00 PM to 3:00 PM for cleaning**