



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# MONTHLY SENIOR ADULT EVENTS – JUNE



**JUNE 4<sup>th</sup>**  
11:30a  
(Mon.)

## **NATIONAL APPLESAUCE CAKE & CHEESE DAY**

The Y will supply cheese & apples. Bring your favorite Applesauce Cake and be entered into a contest! FREE/Members



**JUNE 5<sup>th</sup>**  
11:00a  
(Tues.)

## **BUILDING BETTER BALANCE W/JASON ALBRIGHT**

Jason will discuss the importance of proper balance & the obstacles that can hinder keeping a safely balanced body.

COST: Free Community Event



**Thursdays**  
10a-12p

## **CROCHET GROUP-ALL EXPERIENCE LEVELS**

Share ideas and learn the practice of crocheting. If you have a certain project you are working on, bring it to show others and share the joy of crocheting. FREE/Members; Daily Guest Fee/Public



**JUNE 6<sup>th</sup>**  
9a-12p  
(Wed.)

## **PAINTING CLASS WITH NINA LATHE**

COST: \$6/Members; \$10/Public Space is limited to 15. Register at Front Desk.



**JUNE 7<sup>th</sup>**  
11a  
(Thur.)

## **CHOCOLATE ICE CREAM B-I-N-G-O**

The Y will have chocolate ice cream to eat in honor of National Chocolate Ice Cream Day. Bring a topping to share (optional).

COST: Free/Members

**IMAGE  
COMING  
SOON**

**JUNE 13**  
10a-2p  
(Wed.)

## **PATRIOTIC MASON JAR LUMINARIES**

Make fun 4th of July luminaries out of painted mason jars.

\*Looking for mason jar donations for this craft, contact Virginia.

MAX OF 10. Sign up at Front Desk. COST: Free/Members

**MORE ON BACK**

**RANDOLPH-ASHEBORO YMCA**

343 NC Hwy 42N / PO Box 1152, Asheboro, NC 27203/4 (336) 625-1976-[www.RandolphAsheboroYMCA.com](http://www.RandolphAsheboroYMCA.com)





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## MONTHLY SENIOR ADULT EVENTS – JUNE

IMAGE  
COMING  
SOON

**JUNE 20**  
10a-2p  
(Wed.)

### **FROSTED GLASS CRAFT**

Make a beautiful frosted glass candle holder/centerpiece. The Y will have glass containers & materials or bring your own to use. MAX OF 10. Sign up at Front Desk. COST: Free/Members



**JUNE 21<sup>st</sup>**  
10:30a  
(Thur.)

### **SUMMER SOLSTICE PARTY & B-I-N-G-O**

Come enjoy a beginning of summer party at 10:30 and then stick around to play BINGO at 11:15am.

COST: Free/Members



**JUNE 27<sup>th</sup>**  
10a-12p  
(Wed.)

### **NATIONAL SUNGLASSES DAY CONTEST & PARTY**

Bring a snack to share for the party & wear a pair of crazy sunglasses. Prize for the winner! Meet in Senior/Teen Center

COST: Free/Members

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Community Partner