



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MONTHLY SENIOR ADULT EVENTS – MARCH



MAR 7TH **PAINTING CLASS WITH NINA LATHE**
9a-12p
COST: \$6/Members; \$10/Public
Space is limited to 15. Register at Front Desk.



MAR 12th **FAKE NEWS!! WHAT YOU NEED TO KNOW**
10:30a
Asheboro Library will be here to help educate on the dangers of falling for 'fake news.' Community Room COST: FREE/Members



MAR 14th **EASTER BONNET CRAFT**
9a-11:30a
Come make Easter Bonnets with Anise Bertram. We will supply all the materials needed. Senior/Teen Center COST: FREE/Members



MAR 14th **WHAT YOU NEED TO KNOW ABOUT TAX CUTS & JOBS ACT**
11:30a-1p
Learn how this new law will affect the tax environment & the importance of tax-efficient investing. COST: FREE/Members



MAR 15Th **ST. PATRICK'S DAY BINGO PARTY**
11a-12:15pm
All things green! Dress up in green/St. Patrick's Day attire. Bring something green to eat/share. COST: FREE/Members



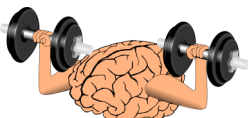
MAR 17th **MANDALA WORKSHOP: MOVEMENT & ART**
10a-12p
Supplies provided; Limited Space available. Sign up at Front Desk.
COST: FREE/Members; \$5/Public



MAR 21st **SENIOR DAY**
9a-1p
See flyer with specific schedule for the day's activities.
COST: FREE/Members



MAR 21st **PLANNING FOR YOUR FUTURE**
9:30a-10:30a
Presented by Randolph Memorial Park; Free Will Kit
COST: FREE & Open to the Community; Community Room



MAR 21st **BRAIN BOOTCAMP** - Learn about the advantages of stimulating your brain as you age. Presented by Luke Holland (Humana)
10:30a-11:30a
COST: FREE & Open to the Community; Community Room



MAR 21st **SPRING SALAD LUNCH**
12p
Kick-off spring with a spring salad lunch. Bring a dish to share.
COST: FREE/Members

MORE ON BACK →

RANDOLPH-ASHEBORO YMCA

343 NC Hwy 42N / PO Box 1152, Asheboro, NC 27203/4 (336) 625-1976-www.RandolphAsheboroYMCA.com





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MAR 21st **80'S THEME DANCE PARTY;** In GX Studio
5:30p & 6:30p Wear your leotard, leg warmers, & scrunchies & get ready to dance!
COST: FREE/Members; Daily Guest Fee/Public



MAR 26th **STEVE MCQUEEN:AN AMERICAN ICON**
11a-1p Enjoy snacks & watch the untold true story of the spiritual quest of
Hollywood legend Steve McQueen COST: FREE/Members



MAR 30th **POWER OF PRAYER – COMMUNITY PRAYER BREAKFAST**
7:15a-10:15a 7:15, 8:15, 9:15, & 10:15AM in the Community Room
COST: FREE & Open to the Community

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