



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## MONTHLY SENIOR ADULT EVENTS – MAY



**MAY 1<sup>st</sup>**  
9a-12p  
(Wed.)

### **ADULT PAINTING CLASS WITH NINA LATHE**

COST: \$8/Members; \$12/Public Space is limited to 12.  
Sign up at Front Desk.



**MAY 2<sup>nd</sup>**  
10:45a  
(Thur.)

### **NATIONAL PRAYER DAY & BINGO**

Hear a prayer in observance of National Prayer Day before BINGO.  
COST: FREE/Members; Daily Guest Fee/Public



**MAY 3<sup>rd</sup>**  
11:30a  
(Fri.)

### **NATIONAL MEDITATION DAY-IN THE GARDEN**

Come meditate with nature in the Community Outreach Garden. Meet in the Community Room at 11:30am. FREE & Open to the Community.



**MAY 8<sup>th</sup>**  
10a  
(Wed.)

### **NATIONAL COCONUT CREAM PIE DAY**

Come enjoy a piece of pie in the Knapp Senior/Teen Center.  
COST: FREE/Members; Daily Guest Fee/Public

**COMMUNITY  
YARD SALE**

**MAY 18<sup>th</sup>**  
7a-12p  
(Sat.)

### **COMMUNITY YARD SALE AT THE Y**

Rent at table for \$15 to sell your items or just come and see what neat things you can buy. FREE & Open to the Community.

**COMMUNITY  
DAY  
BRING A  
FRIEND!**

**MAY 18<sup>th</sup>**  
8a-4p  
(Sat.)

### **SPRING COMMUNITY DAY**

Bring a friend for FREE to check out our facility, participate in classes, play at the Splash Pad, visit Healthy Kids Day area (10a-1p), Plant & Flower Swap (9a-10a), Join the Y with no Joining fee (with 5 canned food items to benefit CUOC), Free Swim Lessons (register at Front Desk by 5/17)  
COST: FREE & Open to the Community

**RANDOLPH-ASHEBORO YMCA**

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