



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MONTHLY SENIOR ADULT EVENTS – NOVEMBER



NOV 7TH
9a-12p
(Wed.)

ADULT PAINTING CLASS

COST: \$6/Members; \$10/Public Space is limited to 12.
All materials will be supplied for you. Sign up at Front Desk.



NOV 8th
11:00a
(Thur.)

THANKSGIVING POTLUCK & BINGO

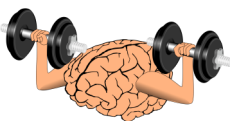
Come enjoy a potluck lunch while playing some BINGO!
Bring a Thanksgiving-themed dish to pass.
COST: Free/Members; Daily Guest Fee/Public



NOV 14th
9:30a-10:30a
(Wed.)

FLORAL CENTERPIECE CRAFT

Make your own floral centerpiece to decorate for Thanksgiving.
Sign up at Front Desk. COST: \$5/Members; \$7/Public
Space is limited to 12.



NOV 15th
1p & 6p
(Thur.)

HEALTHY HABITS-BRAIN HEALTH TALK

Learn about 5 things you can do to improve brain health & sample some brain healthy treats from Scarlet. COST: Free & Open to the Community



NOV 21st
9:30a-12p
(Wed.)

GINGERBREAD COOKIES & GAMES

Come enjoy gingerbread cookies & coffee, socialize, and play some card and board games. COST: Free/Members; Daily Guest Fee/Public



NOV 22ND

YMCA CLOSED FOR THANKSGIVING

RANDOLPH-ASHEBORO YMCA

343 NC Hwy 42N / PO Box 1152, Asheboro, NC 27203/4 (336) 625-1976-www.RandolphAsheboroYMCA.com

