



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MONTHLY SENIOR ADULT EVENTS – SEPTEMBER



SEPT 4th
9a-12p
(Wed.)

ADULT PAINTING CLASS WITH NINA LATHE
COST: \$8/Members; \$12/Public Space is limited to 12.
Sign up at Front Desk.



SEPT 5th
11a
(Thur.)

NATIONAL CHEESE PIZZA DAY & BINGO
Enjoy a slice cheese pizza while playing BINGO. Members and guests are welcome to bring a side or dessert to share as well.
COST: FREE/Members; Daily Guest Fee/Public



SEPT 6th
10a-11a
(Fri.)

READ A BOOK TO THE NURSERY
Sign up to read to our Y nursery children. Sign up is on lobby table.



SEPT 9th
9:30a-11a
(Mon.)

NATIONAL SUDOKU DAY
Come enjoy the art of playing Sudoku. We will have Sudoku workbooks to share.
COST: FREE/Members; Daily Guest Fee/Public



SEPT 11th
9:30a-12p
(Wed.)

GAME DAY IN THE KNAPP SENIOR/TEEN CENTER
Play card and board games & color in adult coloring books.
COST: FREE/Members; Daily Guest Fee/Public

MORE ON BACK



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MONTHLY SENIOR ADULT EVENTS – SEPTEMBER



SEPT 16th
10a-12p
(Mon.)

NATIONAL GUACAMOLE DAY

Enjoy chips & guacamole in the Knapp Senior/Teen Center.
Bring your personal recipe to share.
COST: FREE/Members; Daily Guest Fee/Public



SEPT 18th
9:30a-11a
(Wed.)

MEMORY PLATE CRAFT

Bring your own personal picture to be used in the plate craft. Bring any mementos or decorations to add to the design of your plate to personalize it.
COST: FREE/Members; Daily Guest Fee/Public



SEPT 18th
12:45p
(Wed.)

MOVIE AND SNACKS AT THE Y

Come watch a romantic movie & enjoy a snack. Bring a snack to share and reminisce about your first love.
COST: FREE/Members; Daily Guest Fee/Public



SEPT 23rd
11a
(Mon.)

FALL PREVENTION SEMINAR WITH JASON ALBRIGHT

Jason will discuss the importance of proper balance in order to prevent a fall that takes away your independence.
COST: FREE & Open to the Public



SEPT 25th
9:30a-11a
(Wed.)

KITTY PUMPKIN CRAFT

Come make a pumpkin craft with Anise Bertram.
COST: FREE/Members; Daily Guest Fee/Public

RANDOLPH-ASHEBORO YMCA

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