



Randolph-Asheboro YMCA

MY Y STORY



I love the YMCA mission for many reasons, first and foremost this community has allowed me to be a better version of myself. The instructors are inspiring and friendly! My first Y experience was in Wilmington, NC where I met my first Y family. I moved to Asheboro into my late grandparents home in 2015 to live closer to my family. I immediately transferred my Y membership to Asheboro. I started going to dance, and some cardio classes, since I have branched out into yoga, and cycle! So proud to be a part of the Y family!!

**Jennifer "Juice"
Davidson**

Share your story today! Pick up our My Y Story card at the Front Desk!