



Randolph-Asheboro YMCA

MY Y STORY



**Matthew
Jaurique**

I joined the Y in January this year to check out the atmosphere. Let me say that after two weeks, I felt the love and gratitude of the staff and people. I have been to other gyms left and right but once I stepped inside the Y it was the most warm, welcome, and passionate place and joining as a member was the best decision I have made. The Y has helped me reach my potential. I feel healthier and stronger inside and outside of the gym. Thank you so much for the love. I'm very proud to call the Y my home.

Share your story today! Pick up our My Y Story card at the Front Desk!