

AUGUST

Senior Adults Activities

August 8th

Cone Health My Chart will be set up in the lobby area

August 13th

Member Appreciation Yogurt Bar in the Community Room

August 15th

EVERYTHING SALAD BINGO

The Y will supply a basic salad and some toppings and dressing. Bring your own favorite toppings and types of salads. Be Creative!

August 20th

Vintage Jewelry In A Frame Craft with Anise Bertram

9:30 AM - 12:00 PM in the Senior/Teen Room

August 29th

Health Team Advantage Health Fair

9:00 AM - 1:00 PM in the Gymnasium

Crochet & Plyarn Every Thursday At 9:00 AM

Bingo Every Thursday At 11:15 AM

Bible Study Every Thursday At 12:30 PM