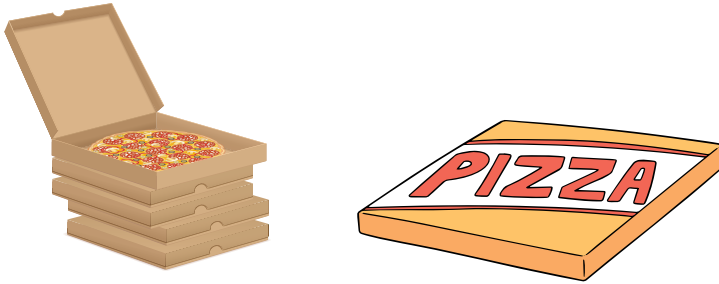


Randolph-Asheboro YMCA Senior Adults

FEBRUARY ACTIVITIES

FEBRUARY 9TH

National Pizza Day BINGO
Bring A Pizza To Share!



THURSDAYS

Crochet
9:00 AM
Senior/Teen Center

Bingo
11:15 AM
Community Room

We Care Bible Study
12:15 PM
Community Room

FEBRUARY 14TH

Valentine's Day Party
Wear red and bring a snack to share! Chili will be provided. A FREE craft with flowers will be led by Anise Bertram
10:00 AM - 1:00 PM
Fran & Warren Knapp Senior Room

FITNESS CLASSES

Silver Sneakers:
Tues & Thurs 10:00 AM

Line Dance:
Tues & Wed 11:15 AM

Senior Chair Stretch/Yoga:
Fridays 10:15 AM

Classes in the Group Ex Room

FEBRUARY 16TH

Valentine's BINGO!
Dress Festive And Enjoy A Valentine's Themed BINGO.



WEEKLY

Senior Center
Monday - Friday
8:00 AM - 11:00 AM

Pickle Ball
Monday - Friday
8:00 AM - 12:00 PM

Community Bible Study
Saturday At 10:00 AM