

YMCA News

Randolph-Asheboro YMCA

May 2025

MISSION SPOTLIGHT

In recognition of Mental Health Awareness Month this May, the NC Alliance of YMCAs has launched a NEW Teen Mental Health Resource Hub—an interactive tool designed to help young people explore their emotional well-being and access support.

The Hub features a mental health style quiz, an emoji-style mood check-in, and direct links to resources. The Hub sends one clear message: teens are not alone.

We encourage you to explore the Hub and share it widely—with your colleagues, employees, and the teens in your life. Together, we can help remove the stigma and normalize conversations about mental health.

www.ncymcas.org/YMCATeenMentalHealth

At the Randolph-Asheboro YMCA, we recognize that adolescence is a time of critical change and development. It's when mental health challenges may first emerge and may be the cause for falling grades, problems with close relationships and substance use.

That is why we offer a FREE Teen Mental Health Program for kids ages 11-18. Through this program, young people are prepared to provide support for their peers as well as better cope with mental health challenges themselves.

For more information on our Teen Mental Health Program, go to www.randolphasheboroymca.com/teen-mental-health-program

SIGN UP FOR
SUMMER
CAMP

randolphasheboroymca.com

SIGN UP FOR
MIDNIGHT BASKETBALL



DOWNLOAD THE RANDOLPH ASHEBORO YMCA APP!



Android



Download the
App Now



iOS



Download the
App Now





TICKET FUNDRAISER:

\$2 DONATED TO YOUTH ORGANIZATION FOR EVERY TICKET PURCHASED

12 AND UNDER RECEIVE FREE GENERAL ADMISSION

TICKETS MUST BE PURCHASED THROUGH SPECIALIZED LINK TO COUNT

KIDS RUN THE BASES!!

RANDOLPH-ASHEBORO YMCA



**FOLLOW THE LINK BELOW OR SCAN THE QR CODE TO BUY TICKETS:
[HTTPS://ZKBASEBALL.SIMPLETIX.COM/S/2046](https://zkbaseball.simpletix.com/s/2046)**



randolphasheboroymca.com

**SIGN UP FOR THE ASHEBORO
ZOOKEEPERS
BASEBALL CAMP!**



MAY 31, 2025

8:00 AM - 11:00 AM

MCCRARY BASEBALL FIELD

Randolph-Asheboro YMCA

SPLASH PAD SEASON RATES

\$100 SUMMER PASS

This plan is a Family Pass good for 2 Adults and any children living in the same household ages 18 & under. Valid for the entire Splash Pad Season.

\$50 MONTHLY PASS

This plan is a Family Pass good for 2 Adults and any children living in the same household ages 18 & under. Valid for one month of the Splash Pad Season.

DAILY RATES

\$5 Per Person

Free For Ages 2 & Under

\$3 With City Rec Card

Free For Y Members



Summer 2025